



BA-Nr.:02.01.119/2021-11-A01



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User Manual

Arthritis support

YANO		YANO Kids	YANO Extra long
REF	130.XX.YY	130.95.YY	130.XX.YY
	150 kg	150 kg	150 kg

Colour code: XX / variant: YY



Figure similar



Read this User Manual **before using the device for the first time** and keep it at hand for the user as well as for future use and subsequent sales.



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1. Product description

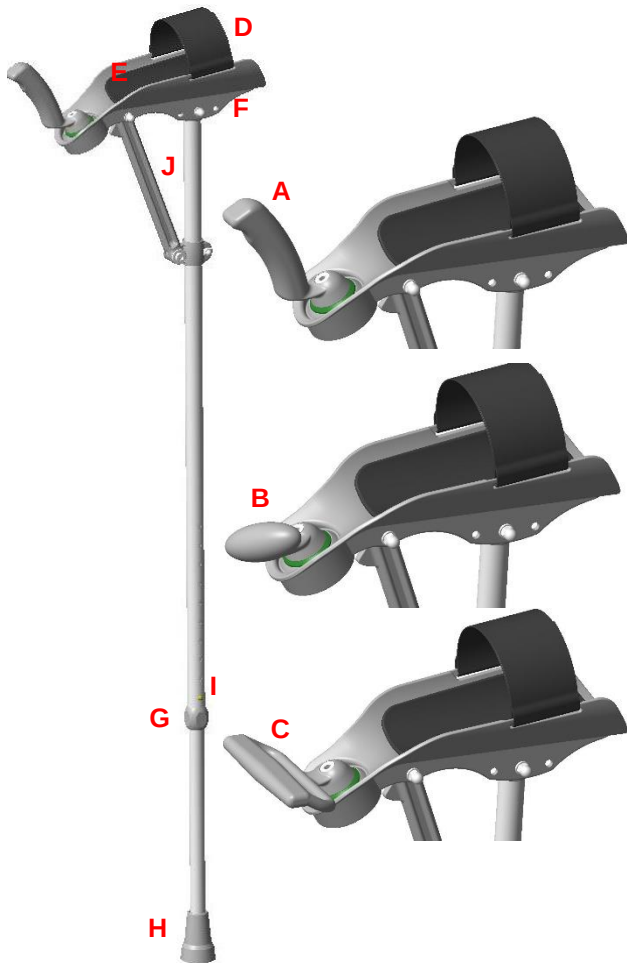


Figure shows:

A	Standard handle
B	Elliptical handle
C	Spade handle
D	Velcro strap
E	Cushion
F	Armrest
G	Squeeze screw fitting
H	Suction foot
I	Push button for height adjustment
J	Nameplate

1.1. Introduction

- The product described here is a medical device of risk class I according to **(EU) 2017/745 MDR**.
- In this user manual, you will find information on the safe and proper initial operation, use, maintenance and care of this product.
- Carefully read this user manual before using the device. Follow the safety instructions and act accordingly.

2. Features

2.1. Intended purpose

The product is used for support and relief in case of restrictions of the lower extremities. It allows the user to pursue their desire for mobility. There must be sufficient upper body musculature for safe use. Use with restrictions at the hands is possible. Persons with sensory impairments may not be able to use this item. The article does not impose any special requirements on the education of the user.

Specification:

- Maximum user weight: 150 kg
- Can be used by patients with rheumatism/arthritis in the hands
- Height adjustable
- Indoor & outdoor use

YANO Kids

- For children

Indication

- Impairment to movement/balance with sufficiently preserved walking ability/coordination and with significantly damaged hand function if the use of other walking aids is not sufficient
- To maintain/promote/secure walking or to relieve partial to complete weight bearing
- Field of care and assistance in accordance with the recommendations pursuant to § 126 SGB V: 10A

2.2. Conditions of use

- Temperature range: -10°C to +35°C; direct radiant heat on the product must be avoided.
- Relative humidity: 40%-85%. Outside of these conditions, the product must only be used for a short time.

2.3. Storage & transport

- Temperature range: 5 °C to 25 °C; direct radiant heat on the product must be avoided.
- Store the product in dry rooms with a humidity of up to 65%.

2.4. Equipment & functions

- Can be height-adjusted to 10 positions
- Armrest padding
- Velcro strap

2.5. Packaging

- We recommend you keep the packaging for a later transport.
- Dimensions: 1340mm x 250mm x 170mm

2.6. Disposal

- Disposal and recycling of used products and packaging must be carried out in accordance with currently valid regulations. Please contact a disposal company for further information.
- The Infection Protection Act must be observed.
- Please observe any labels and information on packaging material and act accordingly.

3. Symbols & nameplates



Figure similar.

- The nameplate must not be removed!
- For ordering spare parts and processing complaints, the device name, serial number and year of manufacture will be required.

Symbol	Meaning	Symbol	Meaning
	Read the manual!		Year of manufacture of Device
	Batch number		Important information!
	Article number		Maximum user weight in kg
	Care instructions		Maintenance instructions
	Applicable for indoor use only.		Manufacturer
	Visual signal		Language
	Read the User Manual!		Do not dispose of as household waste.
	Product complies with (EU) 2017/745 MDR		
	Caution! Observe the safety instructions		

Symbol	Meaning	Symbol	Meaning
	Unique Device Identifier (Data: GTIN / LOT (SN) / year of manufacture)		
	Medical device label This product is a medical device.		

4. Safety instructions



Please observe the following safety instructions:

- Before using the device for the first time, the User Manual must be read completely in order to avoid hazards or damage caused by maloperation.
- Before each use, check the device for visible damage or deficiencies.
- In case of malfunctions or damage of any kind, the device must not be used.
- After a long period of disuse, have the walking aid checked by qualified personnel.
- The product must not be used for any other purpose. Therefore, only use them to support your ability to walk and not, for example, as a stand-up aid, for levering or moving objects.
- The product must not be misused as a switching aid for light switches or lift buttons.

Attention, danger of slipping:

- Never walk with the walking aid on snow or ice-covered ground without the anti-skid device (ice claw). Be careful when walking over damp tiles, floors or crossing loose carpeting. Never clean handles or suction caps with substances containing oil.
- Be careful with unevenness, holes in the ground and loose subsoil, because the walking aid can slip away unexpectedly or sink in.

Caution: Danger of falling!

- Be sure to check the following aspects before use:
 - After adjusting the height, the push button must be visible.
 - All screw connections must be firmly tightened.
 - Check the suction foot for damage and wear. If necessary, replace the suction foot.
- Only use the product if completely assembled.
- Do not slump carelessly on the product.
- Only use the height adjustment in the holes provided for it.

- For your own safety, have an accompanying person help you overcome obstacles.
- When using the walking aid, make sure that the Velcro strap is securely fastened to the forearm.
- Never position the walking aid too far away to the side of your body or forward in the walking direction.

Caution: Danger of breakage!

- Observe the permitted user weight (2.1).
- Do not expose the product to great temperature fluctuations (2.2 & 2.3).
- Do not attach any objects (bag, pouch, etc.) to the walking aid.

Caution: Danger of pinching or catching!

- Do not reach between the moving parts when adjusting the armrest.

Caution: Risk of injury!

- There is a risk of injury with surface temperatures > 40°C. Therefore, do not expose the product to high temperatures (e.g. sunlight, radiators, hot water). Allow the product to cool down before use.



If the product is used by patients with insensitive skin (no temperature perception or skin damage), a heat check (e.g. touching with the back of the hand) must be carried out by the nursing staff.

5. Incident reporting

- Serious incidents in connection with the product must be reported immediately to the manufacturer and BfArM.
 - BfArM: www.bfarm.de/DE
 - Use the reporting functions and provided forms.
 - Manufacturer: pms@rebotec.de

6. Warranty

- For this product the manufacturer grants a warranty of 12 months. Compliance with the general terms and conditions (www.rebotec.de/agbs), as well as the intended use, are a basic prerequisite. The statutory warranty provisions shall apply.
- Unauthorised modifications to this product will void the product's conformity and the warranty.

6.1. Complaint

- Please contact us before returning the product.
- To reduce transport damage, use the original packaging if possible.

- The Infection Protection Act must be complied with.
 - Please make sure that the product does not pose a risk of infection when returned.
 - Enclose the information sheet on safety with the product.
 - Costs may incur for returns that are not marked non-objectionable.

7. Reuse, lifetime

- The product is suitable for reuse. How often the product can be reused depends on the frequency and nature of use.
- Before reuse, the product must be reprocessed hygienically and the technical and functional safety and reliability of the product must be checked and restored if necessary. See 12.
 - For more information, please see the reprocessing instructions (02.12.154)
 - The documents can be downloaded from the following link.
 - www.rebotec.de/downloads
- If the product is used as intended, its lifetime is 2 years. The effective lifetime may vary depending on the frequency and intensity of use and the general condition.

8. Scope of delivery

- 1x YANO
- 1x user manual (02.01.119)
- The reprocessing instructions and these user manual instructions can be ordered or viewed and downloaded at www.rebotec.de/downloads.

9. Setting up for use

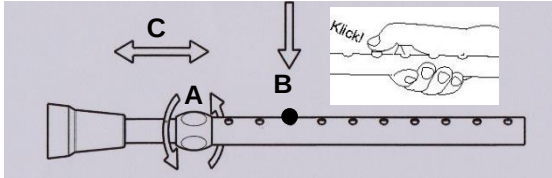
- The product has been carefully inspected in the factory for freedom from defects and completeness. Please check the product for any possible damage which may have occurred during transport and for completeness of the scope of delivery upon receipt.
- The product is delivered fully assembled.

9.1. Setting of the height adjustment

- With the height adjustment, the walking aid can be adapted to the patient's height.
- Loosen the screw connection (A) by turning it counter-clockwise. Press the push button (B) into

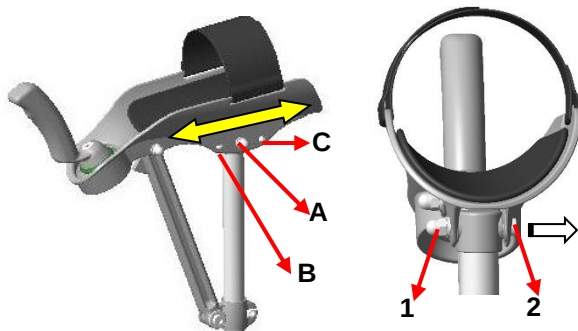
the hole. Move the aluminium tube (C) to the desired position. Have the push button (B) snap into the hole.

- Tighten the screw connection (A) by turning it clockwise. By tightening the screw, you reduce the noise during use.



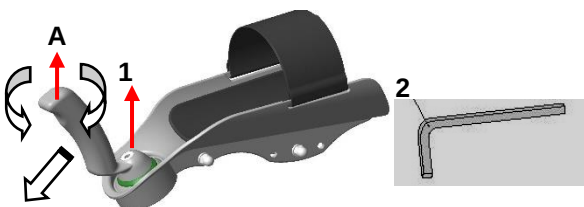
9.2. Setting armrest / forearm length

- There are three setting options for adjusting the forearm length (A= regular/B= short/C= long)
- Loosen the cap nut (1) with an open-end wrench SW10, unscrew and pull out the screw (2) completely. Select the adjustment, insert the screw and screw the cap nut tight again.



9.3. Setting the handle

- The position of the handle can be variably adjusted.
- Hold the handle (A) with one hand. With the other hand, slightly loosen the screw (1) with the Allen key / SW5 (2).
- Push the handle forward, turn it to the desired position (left/right), align it centrally and tighten it again.



9.4. Setting armrest / angle position

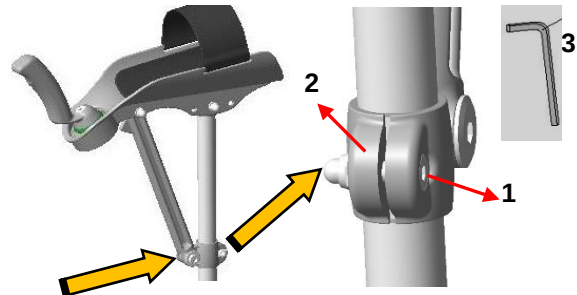
- The position of the forearm can be adjusted by changing the inclination of the armrest.
- Slightly loosen the screw (1) on the clamping bush (2) of the support fork with an Allen key/SW4 (3). Press the armrest down into the desired position

with your hand (A). (max. inclination adjustable to the stop (B))

- Tighten the screw (1) again.

Notice!

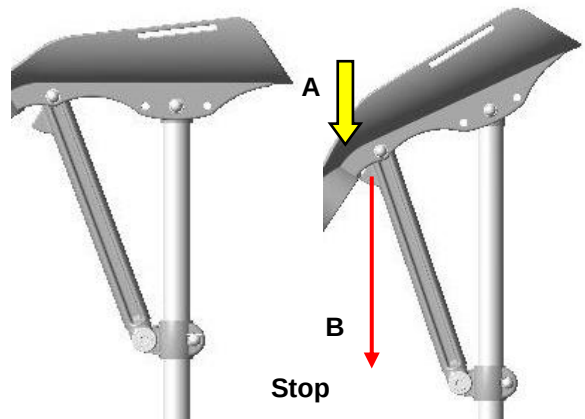
- Adjustment is also possible with different forearm lengths (see point 2).



Do not loosen this screw connection!

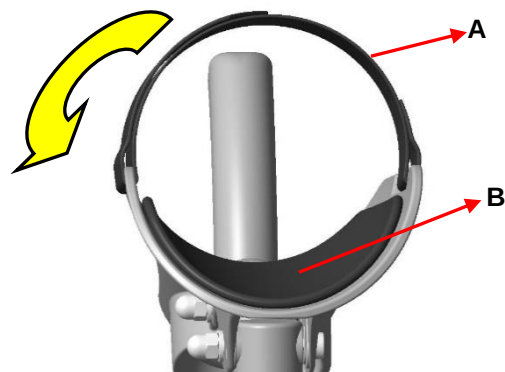
Before

After



9.5. Adjustment of the Velcro strap

- The Velcro strap (A) is used to fix and fasten the forearm to the armrest (B).
- Loosen one end of the Velcro strap. Place the forearm into the armrest.
- Close the Velcro strap again. The Velcro strap should only rest on the forearm with slight pressure!



10. Product data

- We reserve the right to make technical developments and improvements with respect to the design shown in this User Manual.
- See 14.

Characteristic		YANO	YANO Kids	YANO Extra long
1.	User weight max.	150 kg		
2.	*Product weight	0.84 kg	0.8 kg	0.86
3.	Packaging weight	0.73 kg		
Skin compatibility		DIN EN 10993-1/-5		

11. Operation of the product



Attention: Danger of falling!

- Observe the safety instruction (4).
- Before use, it must be ensured that the product is in proper condition.
- A stable position with no risk of slipping or tipping over must be ensured.

11.1. Sitting down

- The user must position themselves as close as possible to the product. If necessary, they can orientate or support themselves with their hands on the edge of the seat plate.
- If this is not possible due to their physical limitations, the user must seek the assistance of a competent person. This can be done with the help of an assistive device.

11.2. Getting up

- To get up, the feet must be in contact with the floor.
- Then, slightly shift your weight forward and slowly rise from the seat.
- Do not lean your body too far forward to avoid the risk of falling. If necessary, the user must seek help to get up from the stool.

12. Care and maintenance

12.1. Cleaning and care



The product can be cleaned using a mild conventional cleaning and disinfecting agent. After cleaning, wipe the product with a clean, moist cloth and then wipe it dry with a dry cloth.

- Do not use scouring agents or cleaning agents with aggressive ingredients (acids, thinners), as well as hard cleaning objects (brushes), as otherwise the surfaces may be damaged or deposits may form on the materials.
- The product is suitable for manual cleaning and disinfection. Please observe the reprocessing instructions (02.12.154).

12.2. Maintenance

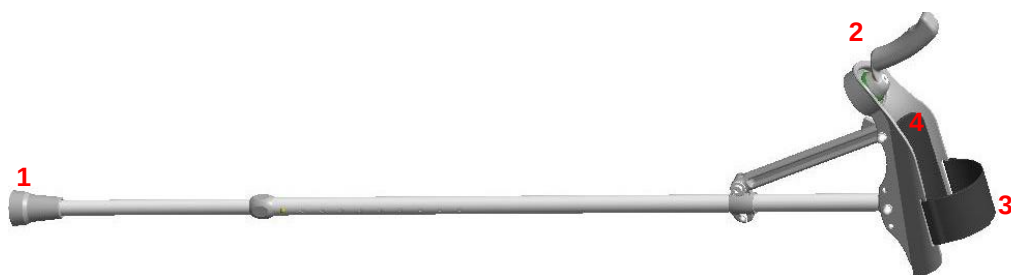
- Wear and tear that is not recognised in time and/or improper handling, as well as irregular or no maintenance may result in accidents.



*For safety reasons, the product must be professionally maintained at **least once a year**.*

- Check product for visible damage (cracks, breaks, loose parts)
- Check stability before use
- If you have any questions concerning the maintenance of the product, please contact an authorised dealer or a medical and healthcare supplies store.
- In the event of damage and/or repairs, contact your authorised dealer immediately.
- Never attempt **any** unauthorised modifications or conversions to the product. These may impair the safety and proper functioning of the device. **In such cases, REBOTEC will not assume any liability.**
- Only use OEM spare parts for repairs. See 6.
- After maintenance or repair work has been carried out, we recommend you clean the product before using it again. Please note section 13 and 7.

13.Spare parts & accessories



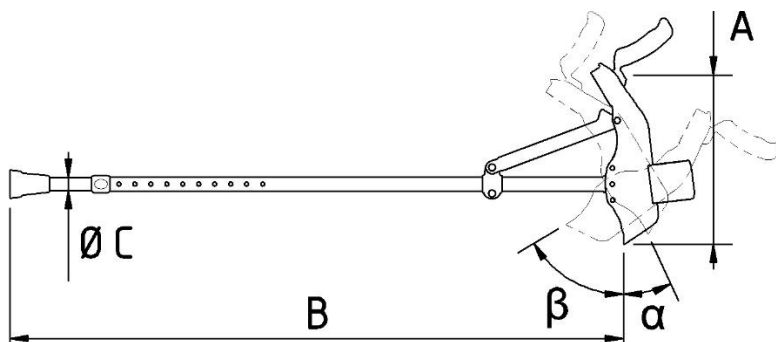
No.	Art. no.	Designation
1	200.XX.00	Suction foot 19mm
2	231.XX.20	YANO, standard handle
3	231.10.38	YANO, Velcro strap
4	231.10.36	YANO cushion
-	168.10.17	Big-Foot, 18.5-20.5 mm, black
-	231.XX.24	YANO, spade handle
-	231.XX.22	YANO, elliptical handle
-	02.01.119	User Manual
-	02.12.154	Reprocessing Instructions

XX= Colour variant



Use only REBOTEC spare parts and accessories to ensure the proper and safe functioning of the device.

14.Drawing & dimensions



No.	Designation	Dimensions of YANO	Dimensions of YANO Kids	Dimensions of YANO Extra long
A	Armrest length	260 mm	260 mm	260 mm
B	Height	915 – 1140mm	715 – 940mm	1015 – 1240mm
C	Tube diameter	19 mm	19 mm	19 mm
α	Adjustment angle	25°	25°	25°
β	Adjustment angle	65°	65°	65°
-	Arm circumference max.	95 mm	95 mm	95 mm



Dimensions and weights may vary depending on the equipment. There might be minor deviations due to production tolerances. Subject to change without notice.

